

Trace Minerals



R E S E A R C H



GREAT TASTING!



Manage STRESS Naturally

liquimins™

DIETARY SUPPLEMENT



Feel the difference
or Your Money Back!



Stress-X Magnesium Powder

While 60% of magnesium in the body is found in the bones and teeth, the other 40% is found in the muscles. In the muscles, magnesium is primarily responsible for muscle relaxation after contraction.

Studies indicate that 68% of US adults consume less than the RDA of magnesium per day. A deficiency of magnesium in the body can result in a myriad of problems, including muscle cramps and nerve irritability.‡

Magnesium is also the second-most plentiful positively charged ion found within the cells of the body, signifying its importance in a multitude of physiologic cellular functions.‡

Stress-X Magnesium Powder is a natural magnesium supplement formulated with magnesium citrate and over 72 ionic trace minerals from ConcenTrace® to help maintain healthy magnesium levels in the body to help you stay calm and relaxed and to feel overall wellness in body and mind.‡

Stress-X Magnesium Powder—and our entire product line—is also backed by our no-risk “**Feel the Difference or Your Money Back!**” satisfaction guarantee. For additional stress-relieving support, try our **Stress-X**, a complete nutritional stress & recovery formula with herbs, vitamins, minerals & enzymes.

Stress-X Tablets

Nearly everyone experiences periods of stress. These periods can last just hours or many days. Any period of stress depletes the body of minerals, vitamins and other nutrients that cause fatigue and decreased health and wellness.

Now you can fight back with Stress-X, a nourishing blend of vitamins, minerals, herbs and enzymes to help you relax, adapt, replace and nourish.

Relax and adapt with our herbal blend that includes calming herbs like Valerian Root, Hops, and Chamomile.

Replace and nourish your body with an extensive blend of vitamins, including an extensive B—vitamin complex. We also added minerals including magnesium, calcium and over 72 ionic trace minerals from ConcenTrace® to supercharge the formula for increased absorption and assimilation.

Finally, we added a food concentrate complex that includes a Citrus Bioflavonoid complex, Rice Polishing concentrate, Spirulina and naturally occurring enzymes, including Amylase, Protease, Lipase and Cellulase.

‡These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Stress-X Magnesium Powder



Supplement Facts

Serving Size 7.6 g (about 1/2 scoop)
Servings Per Container 100

Amount Per Serving		%DV
Calories	15	
Total Carbohydrate	4 g	1%*
Sugars	4 g	
Magnesium (Magnesium Citrate)	350 mg	88%
ConcenTrace® Ionic Trace Minerals	100 mg	†
Over 72 ionic trace minerals from Utah's inland sea, the Great Salt Lake.		

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

Other Ingredients: Crystalline fructose, citric acid, sodium bicarbonate, natural citrus flavors, natural masking flavor, malic acid, stevia, silica. **CERTIFIED VEGAN.**

Allergen Info: Contains no known allergens. **GLUTEN FREE.**

Suggested Use: Using the provided scoop, mix 1/2 scoop into 2-4 ounces of water once or twice daily with food or at mealtime. Stir until dissolved. To add to the calming effects of **Stress-X Magnesium Powder**, mix with hot water. For best results, divide your daily serving into two servings. If this is your first time taking **Stress-X Magnesium Powder**, reduce the serving size to 1/4 scoop for the first 5 days. **Keep dry until use and store in a cool, dry place.**

Trace Minerals



RESEARCH

Stress-X



Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60

Amount Per Serving		%DV
Calories	5	
Total Carbohydrate	1 g	<1%*
Vitamin A (as Palmitate)	2000 IU	40%
Vitamin C (as Ascorbic Acid)	170 mg	283%
Vitamin D (as Cholecalciferol)	70 IU	18%
Vitamin E (as d-Alpha Tocopherol Acid Succinate)	10 IU	33%
Thiamin (Thiamin HCl) [Vitamin B1]	10 mg	667%
Riboflavin [Vitamin B2]	8 mg	471%
Niacin	20 mg	100%
Vitamin B6 (as Pyridoxine HCl)	13 mg	650%
Folic Acid	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	40 mcg	667%
Biotin	120 mcg	40%
Pantothenic Acid (as d-Calcium Pantothenate)	67 mg	670%
Calcium (as Calcium Carbonate, Pantothenate, Sulfate)	90 mg	9%
Magnesium (from ConcenTrace® Blend)	80 mg	20%
Zinc (as Zinc Citrate)	10 mg	67%
Selenium (as Amino Acid Chelate)	7 mcg	10%
Chromium (as Amino Acid Chelate)	14 mcg	12%
Chloride (from ConcenTrace® Blend, NaCl)	299 mg	9%
Sodium (from All sources)	30 mg	1%
Potassium (as Citrate)	60 mg	2%
Herbal Blend	838 mg	†
Eleuthero Root, Valerian Root, Wood Betony Herb, Borage Herb, Chamomile Flower, Hops Flower, Skullcap Herb, Capsicum Fruit.		
ConcenTrace® Blend	566 mg	†
A complex of over 72 ionic trace minerals from Utah's inland sea, the Great Salt Lake.		
Food Concentrate Complex	182 mg	†
Citrus Bioflavonoid Complex, Rice Bran, Spirulina, Protease, Amylase, Lipase, Cellulase.		
Sulfate (from ConcenTrace®, Calcium Sulfate)	20 mg	†
PABA (Para-Aminobenzoic Acid)	7 mg	†
Boron (as Amino Acid Chelate)	0.3 mg	†

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

Other Ingredients: Stearic acid, vegetable derived cellulose, croscarmellose sodium, magnesium stearate, methyl cellulose, and silicon dioxide.

Allergen Info: contains no known allergens. **GLUTEN FREE.**

Suggested Use: Take 2 tablets daily, or as needed.

Trace Minerals Research
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www.traceminerals.com

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