



Cleanse your body and start feeling more healthy.

The **Complete Cleansing and Anti-Toxin System** is the first step toward health and wellness and it's a great way to begin your health program. The system works in two stages just as the body's own cleansing and anti-toxin system works in two parts.

Part 1—The first cleansing stage utilizes a combination of herbs and trace minerals to help the body filter and purge toxins and waste products that have built up in the body, particularly the cells.

Part 2—The second cleansing stage utilizes a combination of psyllium seed powder, whole psyllium husk and apple fiber to gently sweep and cleanse the bowel. The fiber allows for a thorough cleanse without the discomfort of diarrhea. We then add a high

potency nine strain acidophilus complex to aid in the establishment of healthy intestinal flora and to promote healthy function in the intestinal tract.

The trace minerals in our cleansing formula act as catalysts for the herbs and help eliminate heavy metal toxicities. Best of all, it's completely natural so you can cleanse your body without interrupting your lifestyle. Used occasionally, it's a great way to begin the road to optimum health.



**Feel the difference
or Your Money Back!**



Trace Minerals Research

P.O. Box 429 • Roy, Utah 84067

801-731-6051 • www.traceminerals.com

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

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COMPLETE CLEANSING & ANTI-TOXIN SYSTEM PART 1

Supplement Facts

Serving Size: 4 Tablets • Servings Per Container: 30

Amount Per Serving	%DV*
Calories	5
Total Carbohydrate	2 g <1%
Dietary Fiber	1 g 4%
Calcium (Carbonate, Citrate, Sulfate Dihydrate)	144 mg 14%
Magnesium (ConcenTrace®, Magnesium Oxide)	265 mg 66%
Chloride (ConcenTrace®, Potassium Chloride)	740 mg 22%
Sodium (All sources)	2.7 mg 0%
Low-Sodium ConcenTrace®	½ tsp †
All the minerals from ½ tsp (2.5 ml) low-sodium ConcenTrace®, concentrated and dehydrated from Utah's Inland Sea, the Great Salt Lake (equivalent to the content of ½ cup sea water, 99% sodium removed).	
Herbal Blend	767.5 mg †
(Whole herb equivalent: 1600 mg) Bark of Butternut Root, Cascara Sagrada Bark, Dandelion Root extract, Senna Leaves, Yellow Dock extract, Cayenne, Goldenseal Root extract.	
Alfalfa Leaf	800 mg †
Sulfate (ConcenTrace®, Calcium Sulfate Dihydrate)	65 mg †
Boron (Amino Acid Chelate)	1 mg †

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Complete Cleansing & Anti-Toxin System Part 1, a dietary supplement, provides a gentle cleansing, removing toxins by way of the digestive tract and bowel.‡ For best results, use daily with Complete Cleansing and Anti-Toxin System Part 2—High Potency Fiber Complex with Acidophilus.

Suggested Use: Take 4 tablets daily for 30 days or until bottle is finished or as needed or directed.

Additional Ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, and silicon dioxide. Ingredients are listed in descending order.

Vegetarian formula. Licensed for sale only within the United States.

Allergen Info: contains soy.

ConcenTrace® is a trade name for concentrated sea minerals from the Great Salt Lake.

**Do not use this product if you have abdominal pain or diarrhea. Consult a health care provider prior to use if you are pregnant, nursing, have blockage of the bile ducts, acute gallbladder inflammation, intestinal blockage or kidney stones. Discontinue use in the event of diarrhea or watery stools. Do not exceed recommended dose. Not for prolonged use.

COMPLETE CLEANSING & ANTI-TOXIN SYSTEM PART 2

Supplement Facts

Serving Size: ¼ oz. (7 grams or 1 heaping teaspoon)

Servings Per Container: 56

Amount Per Serving	%DV*
Calories	6
Total Carbohydrate	5 g 2%
Dietary Fiber	4.5 g 18%
High Potency Fiber Complex	7 g †
Psyllium seed powder and whole (not powdered) psyllium seed husk in 50:50 ratio and apple pectin (a soluble fruit fiber).	
Viable Probiotic Flora	225 million organisms †
As a blend of the following: Lactobacillus acidophilus, Lactobacillus lactis, Lactobacillus salivarius, Lactobacillus casei, Lactobacillus brevis, Lactobacillus bulgaricus, Lactobacillus rhamnosus, Lactobacillus plantarum, Bifidobacterium bifidum and Enterococcus faecium.	

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Complete Cleansing & Anti-Toxin System Part 2 is a masterful blend based on psyllium, the amazing natural fiber with significantly higher soluble fiber than even Oat Bran. But we go further—50% of the psyllium is whole (not powdered) husk fiber for maximum cleansing and 50% is whole powdered psyllium seed for maximum bulking.‡ We also add natural soluble Apple Fiber to round out the fiber complex.

Included in each teaspoon are 225 million active Lactobacilli and 9 other complimenting strains of friendly bacteria (Flora). This complex of milk-free intestinal Flora is ideal to assure maximum benefit under a variety of conditions. It aids in digestion, intestinal tone, and oxygenation and especially helps to assure a healthy Flora balance.‡ What is especially unique about this combination of Fiber and Flora is that the non-digestible fiber acts as a carrier to assure the safe arrival of the precious Flora past the harsh digestive tract to the lower bowel where it can flourish.‡ You may expect a wide spectrum of nutritional benefits.‡

Suggested Use: One heaping teaspoon in a glass of juice or water once or twice daily. Stir and drink immediately or within 1-2 minutes. Always drink plenty of fluids when using psyllium.

For Cleansing: For best results, use daily with Complete Cleansing & Anti-Toxin System Part #1, Herbal Sea Mineral Cleanse, daily for 30 days.

Storage: KEEP DRY UNTIL USE. Full potency guaranteed at time of shipping, and for 3-6 months thereafter under normal room temperature conditions. Refrigeration not required, but will extend Flora life. Fiber properties are not affected by normal storage conditions; therefore, no shelf life is listed.

Additional Ingredients: Maltodextrin. Contains no other ingredients. Milk free.

Allergens: Contains no known allergens.

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